

Kennington CE Academy Primary Curriculum Map: INSIDE PE

Year 3

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
PE	FUNdamentals (Skipping, Physical Fitness, Circuits)	Archery	Kurling	Gym – Floor (Travelling with change of front and direction)	Dance linked to termly topic	Boccia
OBJECTIVES	<p>1.To be able to select an activity from a variety and explain the parts of the body used and the affect</p> <p>2. Create an exercise circuit to work 3 parts of the body</p> <p>3. To learn basic skipping techniques</p>			<p>1.To identify and explore using different body parts to balance.</p> <p>2.To be able to balance on apparatus.</p> <p>3.To be able to create a sequence, linking balances together with change of speed, levels and direction.</p>	<p>1.To respond imaginatively to stimuli.</p> <p>2.To begin composing a dance with expression and dynamics.</p> <p>3. To be able to complete group work with new moves and sequences.</p> <p>4. To experiment with different ways of moving by varying the dynamics, relationships or space.</p> <p>To remember and perform movement patterns in response to a stimulus.</p> <p>To listen to feedback given by others and respond by making changes</p> <p>To compose a short dance, by linking learnt movements, with a clear</p>	<p>1. To develops accuracy and distance perception.</p> <p>2. To develop your aim and pace for distance.</p> <p>3. To improve your ability to accurately judge distances.</p> <p>4. To develops accuracy and pace control.</p> <p>5. To develop tactics in gameplay.</p>

					beginning, middle and ending.	
Resource				Mats	Imoves online	Boccia sets Hoops (as bucket) Skittles
Scheme of work						Activity cards on staff drive.

Year 4

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
PE	Swimming	Swimming	Sportshall Athletics	Gym – Apparatus	Kurling	Dance
OBJECTIVES				1.To explore rotating and rolling on different body parts. 2.To be able to transfer and adapt skills learnt to apparatus. 3.To be able to create a sequence of rolls using a variety of shapes, speeds and directions.	1. To learn ways of moving the stones safely. 2. Align the pusher/arm and the stone with the skittles to improve accuracy. 3. To aim at the centre of a group of target stones. 4. To accurately move the stones to hit a target. 5. To participate in team competitions.	1.Perform basic actions with increased control, coordination and accuracy 2. Perform set dances from different times and places 3. Work collaboratively in small groups
Resource					Kurling sets Target mats Skittles	Imoves
Scheme of work					New Age Kurling level 1	

Year 5

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
PE	Swimming	Swimming	Sportshall Athletics	Gym – Floor (Spinning and Turning)	Dance	Badminton

OBJECTIVES				<p>1.To spin on different body shapes using different speeds, levels and directions.</p> <p>2.To to turn around a long axis in the air and close to the ground.</p> <p>3.To be able to work with a partner to join contrasting balances with a rotation.</p>	<p>1. To compose a short dance, by linking movements, with a clear beginning, middle and ending;</p> <p>2. To experiment with different ways of moving by varying the dynamics, relationships or space;</p> <p>3. To remember and perform movement patterns in response to a stimulus.</p> <p>4. To give feedback to others in reference to a success criteria.</p> <p>5. To listen to feedback given by others and respond by making changes</p>	<p>1. Practice the techniques for an underarm forehand shot.</p> <p>2. Play a rally using forehand shots.</p> <p>3. To be able to use backhand.</p> <p>4. Practise the skills needed for an overhead clear.</p> <p>5. To identify and choose between forehand and backhand.</p> <p>4. Work collaboratively to play a team game.</p>
Resource				Mats	Imoves	Badminton rackets Shuttlecocks Nets Cones
Scheme of work						Activities on staff drive

Year 6

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
PE	Kurling	Sportshall Athletics	Badminton	Gym – Apparatus (turns and balance)	Volleyball	Dance
OBJECTIVES			<p>1. Practice the techniques for an underarm forehand shot.</p> <p>2. Play a rally using forehand shots.</p> <p>3. To be able to use backhand.</p> <p>4. Practise the skills needed for an overhead clear.</p>	<p>1.To demonstrate different jumps from feet to hands to feet using apparatus.</p> <p>2.To link jumps together with a roll and balance to create a sequence.</p> <p>3.To work with others to create a</p>	<p>1. T be able to move to beat the ball to the point of contact with good posture.</p> <p>2. To be able to move smoothly in multiple direction to receive the ball.</p>	<p>1. To compose a short dance, by linking movements, with a clear beginning, middle and ending;</p> <p>2. To experiment with different ways of moving by varying the dynamics, relationships or space;</p>

			<p>5. To identify and choose between forehand and backhand.</p> <p>4. Work collaboratively to play a team game.</p>	<p>sequence with different levels, directions/heights.</p> <p>4. Players are able to accurately throw the ball upwards, tracking the ball flight to move and catch the ball.</p> <p>5. Players are able to accurately throw the ball upwards, tracking the ball flight to move and catch the ball.</p> <p>6. Players are able to work as a team to achieve the task.</p>	<p>3. Players are able to catch the ball at different heights.</p> <p>4. Players are able to control the ball trajectory when throwing the ball underarm</p>	<p>3. To remember and perform movement patterns in response to a stimulus;</p> <p>4. To give feedback to others in reference to a success criteria;</p> <p>5. To listen to feedback given by others and respond by making changes</p>
Resource			<p>Badminton rackets</p> <p>Shuttlecocks</p> <p>Nets</p> <p>Cones</p>	<p>Wall apparatus</p> <p>Benches</p> <p>Horses</p> <p>Mini trampoline</p>	<p>Balls</p> <p>Nets</p> <p>Cones</p> <p>Activity cards</p>	<p>Imoves / music</p>
Scheme of work			Activities on staff drive		Volleys2 guide on staff drive	